

Jump Cross Training with Peter Hales

Rutland Riding Club members can take part in a special Jump Cross training on March 13 at Grange Farm, Wittering. There will be 8 places divided into 2 groups. Places will be on a first come first served basis, although a waiting list will be kept. Peter Hales is a recognized trainer with Jump Cross.

Each group session usually lasts approx two hours and the first session will start at 10am prompt and the second at 12 noon. Participants must be warmed up and ready for their allotted time.

To find out more about Jump Cross visit their website.

www.jumpcross.com

IMPORTANT, PLEASE READ

Before anyone can take part in Jump Cross, training or competitions, it is necessary to have Jump Cross membership; either a full years subscription or a day membership. As member of Rutland Riding Club you can subscribe for the reduced rate of £15. Download the form from Jump Cross website in good time to allow for administration. Day members pay £8 and this application form is also available to download from their website. You can see that you only have to go twice to make it worth joining. Jump Cross also organize their own training days as well as regular competitions.

Body Protectors and a Medical Armband are compulsory for all riders.

The cost for our special training day will be £27 (It would be helpful if you can bring cash on the day to pay for this).

If you have any questions or wish to book a place, please contact organizer, Pam Sellers by email pam.sellers@btopenworld.com